

Surgical Foundations: Foundations EPA #4

Providing patient education and informed consent in preparation for surgical care

Key Features:

- This EPA focuses on the communication that occurs with patients and families to inform and discuss plans for surgical care

Assessment plan:

Direct observation by supervisor

Use Form 1. Form collects information on:

- Type of procedure: emergency; elective
- Setting: clinical; simulation

Collect 3 observations of achievement

- At least 2 different assessors
- At least one emergency procedure
- At least one elective procedure
- At least two in clinical setting

Relevant milestones

- 1 **F ME 2.3.1** Work with patients and their families to understand relevant options for care
- 2 **F ME 2.4.2** Ensure that the patient and family are informed about the risks and benefits of each treatment option in the context of best evidence and guidelines, addressing fears and concerns
- 3 **F ME 2.4.3** Discuss clinical uncertainty with the patient and family
- 4 **F ME 3.2.1** Obtain informed consent for commonly performed procedures and therapies, under supervision
- 5 **F ME 3.2.2** Assess patients' decision-making capacity
- 6 **F ME 4.1.3** Apply standardized care paths, including patient education components
- 7 **F COM 1.2.1** Optimize the physical environment for patient comfort, privacy, engagement, and safety
- 8 **F COM 1.5.2** Manage challenging conversations
- 9 **F COM 1.6.1** Encourage discussion, questions, and interaction to validate understanding during the encounter
- 10 **F COM 3.1.2** Plan and discuss appropriate post-operative, immediate and/or long-term care and issues with patients and families as appropriate
- 11 **F COM 4.1.2** Communicate with cultural awareness and sensitivity
- 12 **F COM 5.1.1** Document information about patients and their medical conditions in a manner that enhances intra- and interprofessional care
- 13 **F HA 1.2.1** Select patient education resources related to surgical practice
- 14 **F P 1.3.2** Recognize and respond appropriately in situations where consent is obtained under constraints of emergency circumstances
- 15 **F P 1.4.3** Manage conflicts of interest related to surgical care, including consent issues related to the duality of the learner as surgeon